

# HK SDG SUMMIT Summit Talks



## Sunny Mak - Founder of Sunshine Action HK (Cantonese & English Bilingual Session!)

Sunny Mak is the founder of Sunshine Action and has established partnerships with over 930 charity organizations and centers worldwide, impacting approximately 430,000 individuals in need. In 2023, branches were launched in the US and UK, further expanding the organization's reach. Sunny Mak has also collaborated extensively with students and interns, particularly from the top 10 QS-ranked universities globally, fostering a new generation of compassionate leaders committed to humanitarian efforts.



## **Stephanie Ng - Founder of Body Banter**

Steph is a mental health advocate, educator, and Ph.D. researcher whose work aims to foster caring conversations on body image and mental health. She founded Body Banter, a registered Hong Kong charity on a mission to empower young people to spark conversations about body image with curiosity and courage. She is the author of "Big Bites Break Boundaries", a memoir that recounts her experiences of navigating an eating disorder in Hong Kong's mental health landscape.



## Naveen Sadhwani - Founder of Hanuman Charity

Naveen Sadhwani, is a Hong Kong-born changemaker who has dedicated his life to supporting the homeless and underprivileged. What began as a family effort during the pandemic has grown into a mission that provides over 800 freshly cooked vegetarian meals weekly, along with clothing and toiletries, to those in need. Rooted in the values of compassion, resilience, and humility, Naveen and his daughters Samiha and Bianca inspire communities to "bridge the gap" by fostering meaningful connections between volunteers and beneficiaries.



# **Greg Ladner - Co-Director of We Care Cambodia**

Join us at the HK SDG Summit to hear from Greg Ladner, co-director of WeCare Cambodia, a dedicated charity transforming rural communities near Beng Mealea. Greg's impactful initiatives focus on providing vital support in education, water quality improvement, and renewable energy access, empowering villagers to build a sustainable future. With programs offering free English tuition and tertiary education sponsorships, WeCare Cambodia is making a significant difference in the lives of many.



#### **Andrea Richey - Executive Director of HK Shark Foundation**

Ms. Richey is the Executive Director of a Hong Kong charity called Hong Kong Shark Foundation which raises awareness about shark conservation and educates people globally why we need to say NO to shark products. For the past 30 years, Ms. Richey has lived in Hong Kong and worked for a wide variety of corporate and NGO entities. Ms. Richey is a US lawyer who before joining the NGO world worked for the Wall Street law firm of Paul, Weiss in Hong Kong in a corporate communications/business development capacity. She speaks Mandarin and has lived and worked in both China and Taiwan.



#### Dr. Czarina Leung - Founder of Be Priceless

Dr. Czarina was recognized by THE ONE HK Humanitarian award in 2023 and CUHK Distinguished Medical Alumni 2024 Humanitarian Award. She founded Be Priceless, a non-profit that improves children's well-being and safety by providing health behavioral education. She has 20+ years of experience in health care - in medicine (as an ICU doctor and former CUHK assistant professor), in public health and disaster risk reduction professional (as WHO's journal editor and UN projects' author), and in humanitarian health (to provide quality health care in refugee camp, Uganda, and more).



### Patricia Ho - Founder of HK Dignity Institute

Patricia Ho is a leading Hong Kong-based human rights lawyer and the founder of the Hong Kong Dignity Institute, an organization dedicated to restoring dignity to the city's most vulnerable populations, including refugees, trafficking victims, and those facing mental health discrimination. With groundbreaking work in legal advocacy and systemic reform, Patricia has bridged gaps in justice and support for marginalized communities, while championing structural change to dismantle cycles of exploitation. Her holistic approach, combining legal and psychosocial services, embodies the HK SDG Summit's theme of "Bridging the Gap."



# HK SDG SUMMIT Workshop Set A



#### **Docathon and Mad Courses**

### "Bridging Stories: Documentary Filmmaking for Change"

Docathon and Mad Courses empowers students to bridge social, cultural, and generational divides through the creation of impactful short documentaries that spotlight local changemakers and community initiatives. By developing storytelling and filmmaking skills, participants not only learn to express important narratives but also foster connections that inspire collaboration, perfectly aligning with the summit's theme of "Bridging the Gap."

#### **Koru Consulting**

### "Unfolding Sustainability: Explore Your Relationship with Origami"

If you really want to think out of the box, you must first identify what is the box you need to think out of. Explore your relationship to sustainability through the power of origami, where you capture your insights on a paper box.





# **Hong Kong Dignity Institute**

#### "Empowering Youth Against Forced Marriage"

Join the Dignity Institute's peer training program designed to equip high school students with the knowledge and tools to advocate for women's rights and raise awareness about forced marriage in their communities. Participants will learn effective outreach strategies, receive comprehensive resource packs, and develop skills to support vulnerable individuals.

## **Hong Kong Shark Foundation**

# "Kickstart Your Cause through Crowdfunding"

Join us for a dynamic workshop where students will learn to set up a crowdfunding platform to raise funds for their favorite charity or innovative project. This hands-on session will provide essential insights and skills to turn your ideas into impactful and compelling campaigns.





#### Summerbridge

#### "Next-Gen Teachers: Bridging Educational Divides"

Summerbridge is a transformative nonprofit that bridges the educational gap for underprivileged secondary students in Hong Kong by leveraging a unique students-teaching-students model. By connecting motivated young educators from diverse backgrounds with local youth, Summerbridge fosters a collaborative learning environment that empowers students and inspires lifelong learning.

#### **ITS Foundation**

#### "Pathways to Purpose: Align Personal Growth with Sustainability"

Embark on an interactive journey that aligns personal growth with the pressing needs of a sustainable future. This immersive experience invites participants to explore their values and aspirations while considering environmental and social challenges. Through engaging activities and reflective discussions, individuals will connect personal insights with global responsibilities, understanding how their choices and actions can foster a sustainable world.





#### **Feeding Hong Kong**

#### "Reducing Food Waste: Strategies for a Sustainable Future"

Join Feeding Hong Kong for an engaging workshop on reducing food waste! This interactive session will explore the significant impact of food waste and provide strategies to minimize it in your daily life. Participants will engage in discussions, share experiences, and learn actionable tips to make a difference at home and in the community. Together, we can create a more sustainable future and support those in need. Don't miss this opportunity to be part of the solution!

#### Mighty Oaks

## "Connecting generations: Build a stronger community together"

When was the last time you had a meaningful conversation with an elder? Let's have one during the Summit! Join this workshop and work with our mentors to learn more about intergenerational practices! Mighty Oaks believe everyone are interdependent and the prosperity of the society is based on contributions by all generations. Let's discover the power of intergenerational teamwork, tackle social issues together!





# HK SDG SUMMIT Workshop Set B



## Docathon and Mad Courses

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## **Neurodiversity**

### "Sensory Journeys: Embrace neurodiversity"

Join us to understand the real-life challenges faced by neurodiverse individuals. Participants will engage in activities designed to simulate visual and auditory sensitivities while brainstorming solutions for those in need. Through interactive stations, participants will gain insights into how sensory overload impacts daily life and develop actionable solutions to help those in need.

#### Teens Animal da Scientists

#### "Youth Uniting for Change: Connecting Global Teens' Perspectives about SDGs"

Do you know how teenagers from different countries view the UN SDGs? Join this workshop to learn more. We advocate SDGs through science and events like butterfly conservation webinars and science fairs for underprivileged. Engage with a fun game to explore the complexities of SDGs and get an eco-friendly souvenir at the end of the workshop.





#### **PathFinders**

#### "Inspiring Change Through Impact Storytelling"

Join PathFinders and filmmaker Kristie Ko as they share their journey in using storytelling to address the stigma of migrant domestic worker pregnancies in Hong Kong. Discover how campaigns like #WorkingMomsHK and the film Ateh humanize MDWs, shift public mindsets, and inspire meaningful change. Learn storytelling strategies that connect, engage, and drive action.

### HandsOn Hong Kong

#### "Nonprofit Narratives: Social Media Masterclass"

This HandsOn workshop is designed for student leaders to harness their creative thinking in a nonprofit setting. Participants will gain essential skills for drafting social media posts by learning the key steps and components involved. Students will also have the opportunity to create their own social media post for a HandsOn volunteering activity and receive feedback from the HandsOn staff.





#### Help4refugees

#### "Purpose-Driven Action: Refugee Advocacy Workshop"

The workshop will begin by detailing the Six-Step Process Jordan coined for turning compassion into action. The first step is to ensure that you are driven by a purpose/cause. We will watch videos which expands on the importance of finding your "why." Learn from a few examples of people/companies that have a clear "why." Ideate and share your "why" with like minded peers.

#### Riz Sense

## "GameChangers: Understanding Poverty Through Strategic Play"

Join us for an engaging workshop on "Poverty and Game Theory," where participants will explore strategic decision-making through interactive games. Organized by UCCKE and Biz Sense, this event aims to deepen understanding of economic disparities while fostering critical thinking and collaboration among students. Feel free to adjust any wording as needed!

